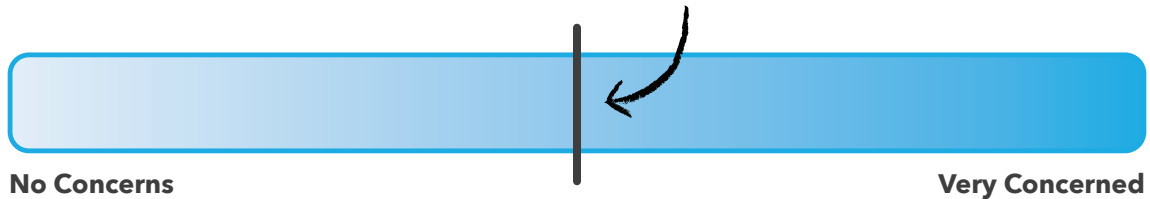


EARLY YEARS CHECK-IN

The Early Years Check-In is a series of rating scales that asks you to rate your level of concern regarding how your child is developing. It can be completed for children 18 months - 6 years. The Early Years Check-In is not a diagnostic tool.

Instructions: Place a vertical line to indicate your level of concern. See example below.



Compared to children of the same age, how would you rate the following areas of development?

1. How this child **gets along with others:**



2. How this child **moves their body** (e.g. walks, runs, jumps, hops, throws/catches, uses stairs or play equipment):



3. How this child **learns:**



4. How this child **behaves:**



5. How this child **takes care of themself:**

No Concerns

Very Concerned

6. How this child **uses their hands and/or fingers to do tasks** (e.g. builds a tower, turns pages of a book, prints):

No Concerns

Very Concerned

7. How this child **understands what others say:**

No Concerns

Very Concerned

8. How this child **focuses attention:**

No Concerns

Very Concerned

9. How this child **talks:**

No Concerns

Very Concerned

10. How this child **expresses emotion:**

No Concerns

Very Concerned

11. **OVERALL**, how would you rate this child's development?

No Concerns

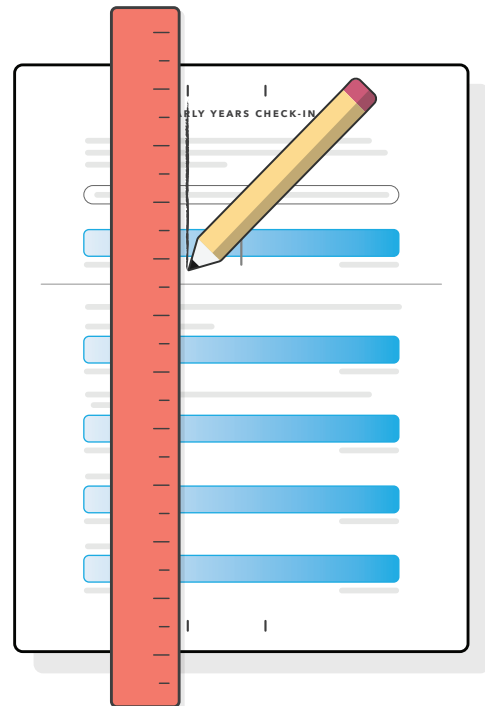
Very Concerned

SCORING THE EARLY YEARS CHECK-IN (EYCI)

INSTRUCTIONS

This scoring sheet will help you identify and understand your EYCI score. We ask that you complete the EYCI before reading the scoring sheet for more accurate results. The EYCI identifies three levels of concern: low, elevated, and high. A description about what each score means is included below, as well as information about a new website that contains games and activities to support early childhood development.

Scoring the EYCI is simple. There are 2 marks at the top of the EYCI and 2 marks below these. Draw a line from the mark at the top left of the page straight down to the mark at the bottom left of the page. Repeat this with the next marks, drawing a line between the top and bottom. This will divide the page into three sections. Now, find the item that you had the most concerns about. If your line is on the left of the first line, your EYCI score is low concerns. If your line is in the middle of the two lines, your score is elevated concerns. If your score is to the right of the second line, your score is high concerns.



YOUR EYCI SCORE: WHAT DOES IT MEAN?

Low Concerns: With low concerns, we recommend completing the EYCI again in 3 months to see if there are any changes in your concerns. If you would like to learn more about your child's development or what development looks like at different ages, talking to professionals such as an early childhood educator, child care provider, or a health professional (like your child's doctor) is a good place to start. If you feel that the EYCI score does not reflect the concerns you have, we suggest you talk to a professional about your concerns.

Elevated Concerns: There are many reasons a parent/guardian might have concerns about how their child is developing. Speaking to a professional such as an early childhood educator, child care providers, or a health professional can give you information about resources in the community that might be helpful to address your concerns. You can also speak to a health professional (like your child's doctor) about your concerns.

High Concerns: Speaking to a professional about your concerns can help to identify how to best address your concern. Early childhood educators and child care providers can help connect you to health professionals, such as your doctor and other early years' service providers, with whom you can discuss your concerns.

OTHER RESOURCES

To learn more about what development looks like at different ages and find games and activities you can do with your child to support their development, check out the online resource "Play&Learn" at playandlearn.healthhq.ca. Your local Early Years Centre, Public Health Unit, library, or community centre can provide information about programs and services related to early childhood and parenting.