

#### Overview of Autism Ontario and ASD

Presented By: Elizabeth Mitchell Family Support Coordinator Potential Programe

## Agenda

- Who is Autism Ontario and what do we do?
- Who is your Family Support Coordinator?
- Getting to Know You
- What is an Autism Spectrum Disorder?
- Tips for working with those with ASD
- First hand perspective
- 10 Things Children with ASD wished you knew













## **Our Vision and Mission**

 Our Vision: Acceptance and opportunities for all individuals with Autism Spectrum Disorders.

• OurMission: To ensure that each individual with ASD is provided the means to achieve quality of life as a respected member of society.

#### 26 Chapters Across the Province



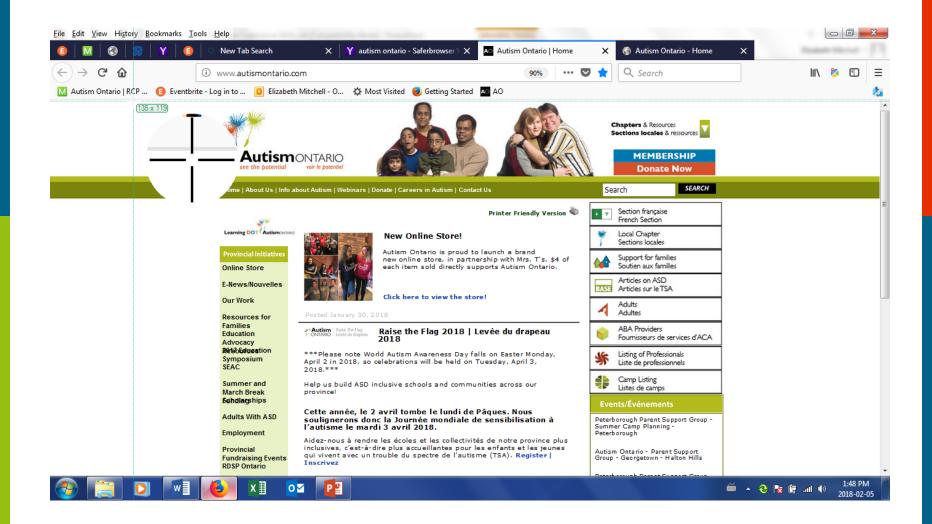
# PROGRAMME | PROGRAMME\_

- Family Support Co-ordinators-9 for 26 regions
- FSC provides consultations around ASD related issues by phone, email and in-person.
- Facilitate Parent Support Groups .
- FSC's and CEC are also able to offer workshops and guest speakers through this program
- FSC works with the CEC to organize Social Learning Opportunities

#### **Types of Social Learning Opportunities**

- Movie Mornings
- Social Skills groups
- Family Gatherings
- Specialized activities (including cooking, crafts and drumming)
- Annual Holiday Parties

#### www.autismontario.com



### www.autismontario.com

Spirale Finding professional services for children with autism Services professionels pour les enfants autistes





Improving social skills interventions for Ontarians with Autism Spectrum Disorder

Autismontario

KNOWLEDGE BASE DE CONNAISSANCES

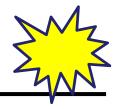


## **ABACUS**

#### https://www.abacuslist.ca

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$\searrow$	Welcome to our new and refreshed ABACUS website!								
	We have created an all new website that is both mobile-friendly and easier to navigate.								
	We have also created an new PROVIDER LISTING engine, and in doing so, we have asked all previous ABA providers to create new profiles that include updated listing requirements. This means there are very few provider listings at the moment— but we expect to grow this list quickly.								
	Finally, we are also updating a number of its Parent and Provider information resources.								
	We thank you for your patience over the next few weeks while ABACUS's provider listings and information resources become fully refreshed.								
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## At your table



- On your device have a look at the website
- Look through the pamphlets provided on your table and circle your family support co coordinator
- How have you accessed Autism Ontario in the past? If so for what?
- If not, how and for what will you access Autism Ontario



## Getting to Know You Activity

#### Donald

#### The Atlantic PRESENTS



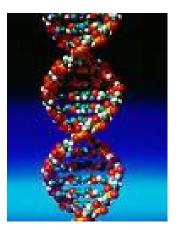




### Its About the Brain



### What are the Causes ASD?



Newly discovered genetic link – Chromosome 11

> No clear link to MMR vaccines





Many environmental links being investigated

#### Repetitive Behavior's/Passions/Interests



#### "What do they look like?"

Remember There is a reason for them



#### Other areas

- Sensory Over Sensitivity
- Sensory Under Sensitivity
- Motor Planning
- Anxiety
- Learning differences



#### Sensory



#### Tips to help those with ASD

- Consistency-you be consistent and predictable
- Structure-provide the plan
- Visual supports-schedules, rules
- Clear language-"say what you mean and mean what you say"
- Reduce anxiety, try not to add to it
- Rehearse expectations especially in new environments

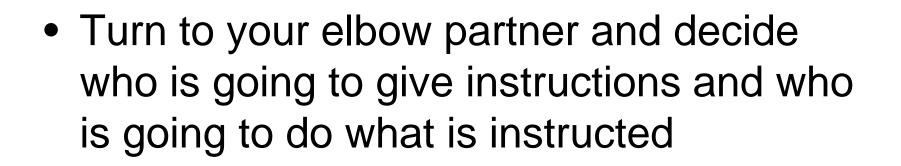
#### Tips to help children with ASD

- Be supportive-"show me how I can help"
- Be flexible, because its easier for you then it is for the individual with ASD!
- Focus on social and communication with the help of a Speech and Language Pathologist
- With families support when concerned get help from a Developmental Pediatrician.

## Example of Play







## **Ontario Autism Program**

- Also know as OAP
- Ministry of Children and Youth Services
- Use the evidence based strategies of Applied Behaviour Analysis
- Choice of regional provider or direct funding to purchase service
- <u>http://www.children.gov.on.ca/htdocs/eng</u>
  <u>lish/specialneeds/autism/ontario-autism-</u>
  <u>program.aspx</u>

## The Lindsay Story

• Margaret, Keith and Jeremy



### **Stephen Wiltshire**



#### 10 Things Every Child with ASD Wished You Knew



#### **THANK YOU!**

#### Thank you for your interest in Autism Ontario

Contact information:

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