



by/par health **nexus** santé

## Health Nexus Weekly Bulletin

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- COVID-19, Perinatal, and Newborn Care: Information for Families in Ontario
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**NEW MATERNAL-NEONATAL COVID-19  
GENERAL GUIDELINE: INFORMATION FOR  
HEALTHCARE PROVIDERS**

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On May 30th, 2020, the Provincial Council for Maternal and Child Health (PCMCH) in collaboration with Maternal-Neonatal COVID-19 Task Force released a [Maternal-Neonatal COVID-19 General Guideline](#) for all perinatal and newborn care providers in Ontario.

The main topics covered in the guideline include:

- Use of PPE during labour and birth
  - Support people during labour and birth
  - Care of babies
  - Infant testing
  - NICU/SCN practices
  - Monitoring/Surveillance
-

[The Ministry of Health](#) has also released a guideline, which is informed by the PCMCH Maternal-Neonatal COVID-19 General Guideline, and in addition to the topics above, presents information on how to report probable or confirmed COVID-19 cases, as well as occupational health and safety practices.

To review both guidelines, follow these links:

- Provincial Council for Maternal and Child Health: *Maternal-Neonatal COVID-19 General Guideline*. [https://www.pcmch.on.ca/wp-content/uploads/2020/05/MatNeo-COVID-19-Guide\\_V4.pdf](https://www.pcmch.on.ca/wp-content/uploads/2020/05/MatNeo-COVID-19-Guide_V4.pdf)
- The Ministry of Health: *COVID-19 Guidance: Labour, Delivery and Newborn Care*. [http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019\\_labour\\_delivery\\_newborn\\_guidance.pdf](http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019_labour_delivery_newborn_guidance.pdf)

To listen to a webinar on Maternal-Neonatal COVID-19 General Guideline, visit the PCMCH website at: <https://www.pcmch.on.ca/health-care-providers/maternity-care/maternal-neonatal-covid-19-information/>

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**COVID-19, PERINATAL, AND NEWBORN CARE:  
INFORMATION FOR FAMILIES IN ONTARIO**

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Health Nexus and PCMCH have partnered to prepare public-facing educational information on the provincial COVID-19 guideline by:

- Co-producing webinars for the public and regional networks
- Updating existing Best Start resources with COVID-19 information
- Designing new fact sheets for families
- Engaging regional networks, the public, and maternal-newborn care practitioners via social media and a joint communication plan

New resources were developed for the public using stakeholder and expert engagement process, and focused on four areas below:

- Support persons during labour and birth
  - Care for mother-baby dyad
  - Care for babies in NICU
  - Infant feeding
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These resources are aimed to help families receive the information they need when having a baby during COVID-19.

The primary audience is individuals who will give birth in Ontario during the COVID-19 pandemic and their families/support people. Some of the information is applicable to parents in the weeks after birth as well.

If you are a service provider working with families who will give birth in Ontario during COVID-19, you can share the following resources with families by accessing the links below:

- Having a Baby During COVID-19 – Labour  
Support: <https://resources.beststart.org/product/v01e-having-a-baby-during-covid-19/>
- Having a Baby During COVID-19 – Planning for Birth: <https://resources.beststart.org/product/v02e-having-a-baby-during-covid-19/>
- Having a Baby During COVID-19 – NICU: <https://resources.beststart.org/product/v03e-having-a-baby-during-covid-19/>
- Having a Baby During COVID-19 – Infant Feeding: <https://resources.beststart.org/product/v04e-having-a-baby-during-covid-19/>

If you have additional questions, please contact Hiltrud Dawson - Health Nexus Team Lead at [h.dawson@healthnexus.ca](mailto:h.dawson@healthnexus.ca).

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**HEALTH NEXUS AND OTHER RESOURCES FOR FATHERS**

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Health Nexus would like to celebrate all fathers this week and share some valuable resources for dads and dads-to-be:

- Best Start by Health Nexus Resource: "Daddy and Me on the Move". This resource highlights activities and what fathers can do with their kid 0-6 to build a strong father-child relationship. To access the resource, follow this link: <https://resources.beststart.org/product/k57e-daddy-and-me-on-the-move-booklet/>.
- Best Start by Health Nexus Step-by-Step Resource on Engaging Fathers in Programs for Families: <https://resources.beststart.org/product/j12e-engaging-fathers-programs-families-manual/>
- Dad Central website contains numerous resources for fathers and service providers working with fathers. To access the website, follow this link: <https://dadcentral.ca>

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Visit [our resources page](#) to discover all our many evidence-based, up-to-date resources!

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**We have moved! Our new location is:**

**Nous avons déménagé ! Notre nouvelle adresse :**

**WeWork**

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