



Health Nexus Weekly Bulletin

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**ADVERSE CHILDHOOD EXPERIENCES:
NEW EVIDENCE-INFORMED RESOURCES**



Consideration of Adverse Childhood Experiences is especially important during these unprecedented times when children face increased levels of violence, as well as stress and anxiety related to uncertainty and disruption of their usual live circumstances.

In order to support communities during the COVID-19 crisis and beyond, service provides can access a new course developed by ACE's Coalition in Guelph and Wellington County. The course is free of charge and provides self-directed ACEs and Resilience Learning Modules that are intended for human service professionals (including but not limited to, Primary Care Providers, Registered Nurses, Registered Practical Nurses, Social Workers, Outreach Workers and Pharmacists) interested in learning more about Adverse Childhood Experiences (ACEs) and Resilience. To register, please go here: <https://acescoalition.ca/get-trained/>.

In addition, providers can apply ACEs and Resilience Champion Toolkit into their practice in order to support their colleagues and community partners to take meaningful action to address adverse childhood experiences and build resilience. To access the toolkit, please go here: <https://acescoalition.ca/champions-toolkit/>.

In August 2020, Public Health Ontario released a literature review report on [*Adverse Childhood Experiences: Interventions to Prevent and Mitigate ACEs in Canada*](#). According to the report, "there were 26 different programs described from six provinces: Ontario, Québec, Alberta, British Columbia, Manitoba, and Saskatchewan. Programs were conducted in four main settings: home, school, community or in a clinic/healthcare setting. The goal of 60% of the programs was to focus on the prevention of a known ACE. The main ACEs that were targeted included child exposure to intimate partner violence, substance use by a parent and child maltreatment". To read the full report and learn more about the potential limitations of the current ACEs-prevention programs and strategies for improvement, including ways moving forward, please go here: <https://www.publichealthontario.ca/-/media/documents/a/2020/adverse-childhood-experiences-report.pdf>.

SUPPORTING HEALTHY BRAIN DEVELOPMENT



Supporting healthy brain development is crucial during early years.

Recently, Dr. Jean Clinton has released her new book called ["Love Builds Brain"](#). The book was endorsed by the [Canadian Paediatric Society](#) and features early years' journey of attachment, self-regulation, connection, resilience and well-being.

To hear more from Dr. Clinton on developing brain and the crucial role that relationships with other people play in child healthy development, providers and families can attend the upcoming workshop facilitated by the [Life with a Baby](#). The workshop will provide an insight on how the relationships that are warm, responsive, and predictable can help children to thrive, contrary to the relationships that generate intense stress and can harm the developing brain. To register, please visit Life with a Baby website at <https://www.lifewithababy.com/event-4035798>.

To learn more about upcoming webinars, educational events, and relevant child development and wellbeing information, as well as listen to ["WeGotThis" podcasts](#), visit Dr. Clinton's Facebook page at <https://www.facebook.com/DrJeanForKids>.

**MATERNAL-NEONATAL COVID-19 GENERAL GUIDELINE:
UPDATE**



The original Maternal-Neonatal COVID-19 General Guideline developed in May 2020 was updated by PCMCH last month based on the community feedback and support from the first COVID-19 Task Force. The second version of the guideline features new information related to maternal fever and the use of nitrous oxide.

To access the updated version of the document, visit here: <https://www.pcmch.on.ca/wp-content/uploads/2020/10/COVID-19-Pregnancy-Care-Guideline-FINAL-1.pdf>

Along with its partners and the COVID-19 Task Force, Health Nexus has facilitated the adaptation of the general guideline for the public earlier this year and shared newly updated and developed resources on its website, as well as among the listserv subscribers. The adapted resources are available in both English and French and can be found here: <http://new.healthnexus.ca>.

In addition, in October 2020, the Maternal Newborn Committee (M-NC) for the Provincial Council for Maternal and Child Health (PCMCH) and the M-NC COVID-19 Task Force has developed a second COVID-19 guiding document for the maternal-neonatal population. This guideline gives direction on care of the pregnant population during the COVID-19 pandemic, care of the COVID-19 suspected or positive person, care environment considerations, and other relevant information.

To access the second guideline, go here: <https://www.pcmch.on.ca/wp-content/uploads/2020/10/COVID-19-Pregnancy-Care-Guideline-FINAL-1.pdf>



by/par health **nexus** santé



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