It's ALL About Language Skills: Preparing Preschoolers for Academic Success by Fostering Academic Talk

> Anne van Kleeck, PhD School of Behavioral & Brain Sciences University of Texas at Dallas

Presented at the 2018 Best Start Resource Centre Conference Toronto, Canada February 9, 2018 Quote from Review Article:

"The differences among children in language skills they possess at school entry reflect the cumulative effect of differences in experiences from infancy."

Hoff, 2013, p. 11

Research Article Title:

"Kindergarten oral language skill:

A key variable in the intergenerational transmission of socioeconomic status"

Durham et al., 2007







set of oral language skills ESSENTIAL to support later reading comprehension & academic success

Decoding Skills: Necessary but NOT Sufficient

Decoding foundations: Alphabet & sounds of letters and within words: Easier to teach, more "visible" (observable), we are doing a great job here; OBVIOUS

Comprehension foundations: Early oral language skills for later academic success; Way more complex and harder to teach; NEED much more emphasis here with preschoolers; NOT OBVIOUS



"More children fail in school, in the long run, because

they cannot cope with "academic language" than

because they cannot decode print."

Gee, 2005, p. 20

Quote from research article:

"Children who start school behind in these areas [language & literacy] are likely to stay behind "Whitehurst & Lonigan, 2001, p. 21

... and they are likely to fall even further behind as they advance through the grades.

➢ Over 33% of the children in the U.S.

- Enter school unprepared to learn overwhelmingly due to their weak language skills (Whitehurst & Lonigan, 2001)
- ≻Only a little over 7% of children
 - > Will be diagnosed as having language impairments by

kindergarten or school entry (Tomblin et al., 1997)

U.S. Data From "The Nation's Report Card" 2016

- ▶54% of all 4th graders below proficient in reading comprehension (56% of 8th graders)
- Incidence in culturally & linguistically diverse groups
 - > Hispanic **79%** below at 4th grade (same at 8th)
 - ➢ Black 82% below at 4th grade (84% at 8th)

How do Canadian children compare to those in the U.S. on reading ability?

- U.S. data are based on U.S. national exams called the NAEP
- To compare our countries, there are data from the Program for International Student Assessment (PISA) of the Organization for Economic Co-operation and Development (OECD).
- These data are from 65 countries in 2012

READING	Ranking out of 65		Print Reading Scores	Difference in Score Points Between 10 th and 90 th Percentiles
Score	6 th	British Columbia	535	227
Data	7 th	Ontario	528	235
from	8 th	Alberta	525	235
2012 PISA	12 th	CANADA	523	235
of OCED	13 th	Quebec	520	238
	23 rd	Nova Scotia	508	227
	27 th	Saskatchewan	505	226
	29 th	Newfoundland & Labrador	503	245
	31 st	UNITED STATES	498	235
	32nd	New Brunswick	497	234
	34 th	Manitoba	495	
	38 th	Prince Edward Island	490	239
		OCED	496	241



Reading Achievement Concerns on a Different Scale in U.S. & Canada

- In U.S., a national crisis
- In Canada, a concern about how to more fully develop human capital to benefit individuals and society
- But, for children at academic risk in both countries, their core preschool language weaknesses ARE THE SAME

Canadians are Interested in

- "... the potential reduction of social inequality" (p. 10)
- "Who are the students at the lowest levels [in reading]?" p. 10
- I WILL MORE DIRECTLY REFRAME THESE CONCERNS AS, "What SPECIFIC critical foundational language skills are PRESCHOOL children at risk for later poor reading skills lacking that prevent them from being successful in school and in life... AND what can we do about it?"

Quotes from Research Article Durham et al., 2007

- "The mother's educational attainment has a powerful direct effect on the children's kindergarten language skill" (p. 300).
- "The typically more positive school performance by children from higher-SES families is largely determined by differential oral language skills that are provided to their children by more highly educated parents" (p. 301).

Strong Relationship Between Education Level & Poverty

Pretty SIMILAR Educational Attainment Canada and U.S.				
Country	Some Post High School	Bachelor's Degree or Higher		
Canada	64% (2011)	26% (2011)		
United States	59% (2015)	33% (2015)		





VERY DIFFERENT Preschool Attendance Rates

• U.S. (2015 data)

 38% of 3-year-olds, 67% of 4-year-olds (36 % publicly funded), and 87 percent of 5year-olds were enrolled in preprimary precshool programs

Canada

- No public preschool
- In 2012, enough center-based program spaces for 24.1% of 0 5 year olds



General (although inaccurate) Conclusion in Research:

Children Reared in Poverty Have Overall Weak Oral Language Skills An Example Quote from Research Piasta et al., 2012, p. 387

"Children from economically-disadvantaged backgrounds are especially likely to show lags in language and communication skills, including vocabulary, morphology/syntax, and discourse (e.g., Bowey, 1995; Dickinson & Snow, 1987; Hoff-Ginsberg, 1998; Justice & Ezell, 2001)"...



- It $i\!sn't$ about adults providing just more language input, but more

academic language input

AND

- It isn't that preschoolers reared in poverty have weak overall

language skills, but that they have weak academic language skills

van Kleeck, 2014, 2015, 2016



- HOW we interact with preschoolers has far more impact than HOW MUCH
- HOW we talk is shaped by WHY so we need to hone in on the functions of language that support academic success

van Kleeck, 2014, 2015, 2016



Executive Functions (EFs)

- Definition: "Refers to a set of higher order, core processes that facilitate planning, problem solving, and the initiation and maintenance of goal-directed behavior" (Kieffer et al., 2013)
- Function: Allows children to control goal-directed behavior
- Alternate terminology: Also referred to as cognitive and or emotional regulation, self-regulation, or (simply) control
- Language-based: Titles of empirical studies and reviews highlight the role of language in the development of EF skills

Different Bodies of Empirical Support for Relationship Between EFs and Reading Comprehension

- Uniquely contribute to reading comprehension in typically developing school-age children (13 studies)
- Related to specific reading comprehension difficulties in school-age children (12); meta-analyses (2)
- Interventions improve reading comprehension for typical readers (1) and poor comprehenders (4)

EF Skills in Pre-Readers: Empirical Support

- Develop considerably during the preschool years and kindergarten, continue to develop across the life span, and are related to later academic achievement/reading comprehension (12 studies)
- EF interventions in preschool and kindergarten are effective (6 studies, 1 review)

General Functions of Academic Talk

- To foster critical thinking & reasoning
- To gain general knowledge about the world (scientific, socio-cultural, and historical)



Specific Executive Functions Involve Children:

- 1. Learning to **control their emotions** & express them in a constructive ways
- 2. Learning about their **own thoughts & feelings**, and that others' thoughts & feelings can be different from theirs
- 3. Being able to shift focus from one task to another
- 4. Being able to **control impulses** & stop activities at appropriate time
- 5. Being increasingly ability to **hold information in mind** to support completing tasks

1. Control Emotions (Emotional Self-Regulation)

$\circ \text{ Define }$

- Preschoolers can control emotions during during emotionally charged situations in order to meet RATHER than
 - \circ overreact to small problems;
 - o have explosive, angry outbursts for little reason;
 - o become upset too easily

1. Control Emotions (Emotional Self-Regulation)

- Teach: Help children identify, understand, and respond to emotions in themselves and others in a healthy manner
 - o Teach emotion vocabulary with pictures and role playing
 - $\circ~\mbox{Label children's emotions and discuss possible responses to them$
 - $\circ~$ Talk about emotions of characters during book sharing
 - $\circ~\mbox{Play games, sing songs, and read stories with new feeling words$
 - Adult models by labeling his or her own emotions and response to them

2. Learn About Thoughts & Feelings (Theory of Mind)

\circ Define:

- Consider one's own and others' mental states, including such things as feelings and beliefs
- Understand that others may have different emotions and motivations from one's own
- $\,\circ\,$ Realize that these inner states influence what people do

2. Learn About Thoughts & Feelings: Theory of Mind (ToM)

$\,\circ\,$ Teach (Elicit and model):

- Ask what child thinks a character in a story is feeling or what another child is thinking or feeling
- Scaffold responses and ultimately provide a "think aloud" for the child if no response is given
- o Model empathic behavior by talking about how someone must feel

3. Be Able to Shift Focus

Define:

- Preschooler can keep in mind more than one idea or piece of information and switch back and forth between them (e.g., focus on the meaning of a word, then the sounds in the word)?
- Preschooler can smoothly transition from one task/activity to the next

• Teach:

 Physical games like "Simon Says" or "Red Light, Green Light" in which the child has to be able to switch gears quickly

4. Control Impulses (Inhibition)

• Define:

- o Preschooler can restrain his or her normal or habitual responses and resist impulses (e.g., not grab a desired toy from a playmate)?
- o Preschooler can stop behavior at the appropriate time

4. Control Impulses (Inhibition)

- o Teach: Adult verbalizes/scaffolds/reinforces inhibition
 - "You can have a turn when Deidra is finished."
 - $\circ~$ "Did you see how Joey waited for his turn with the magic wand even though he was so excited and wanted to go first? Waiting is hard work sometimes!"

5. Hold more and more information in mind (Working Memory)

o Define: The ability to hold information in mind to support completion of current tasks (a subset from long-term memory); limited capacity (3–5 chunks)

Teach:

- Use visual prompts to help children remember information (e.g., retelling stories using the pictures in the book)
- Have children retell events they have
- participated in
- Have children go and retrieve a number of non-present items



- o Give instructions with an increasing
- number of steps o Develop "ever-increasing" lists (I went to the market and I bought a ...)
- Teach the alphabet
- o Teach memory strategies (visual imagery, grouping items, rehearsal, creating stories

Idea of Academic Talk Requires Distinguishing Two Different Language Registers

- Language used for everyday living casual talk
- Language used to engage in school-like learning – academic talk

Academic Talk (AT)

- Definition: A register or set of co-occurring features of language used for the purpose of teaching and learning in Western culture
- Function: Allows children to engage in school learning transmit, display, and build scientific and socio-historical knowledge and understanding of the world
- Importance: Critical to later reading comprehension and academic success (directly addressed in CCSS)
- When to focus on: Can and should begin to foster in preschoolers (van Kleeck, 2014a, 2015)



"baby talk" vs. "adult talk"



Functions of Preschool Oral Language Registers

Casual Talk (CT)

Language for Daily Living: Get things done & have relationships Language for Teaching & Learning: Transmit, display, and build knowledge and understanding

Academic Talk (AT)

Research Shows that AT Strongly Predicts Later Academic Success & Reading Achievement, but CT Does Not

Background Influence on Preschoolers' CT & AT Skills

- Parents higher education levels: Almost all strong CT and strong AT; interwoven from birth
- Parents lower education levels: Almost all strong CT; many weak AT
- Different language than school: Often learning new register AT and new language (French or English) at school

Why this difference in exposure to AT in the homes of different children?

- The more time Mom spent in school, the better she got at AT herself.
- The better she is, the more she uses AT just naturally with her own children at home.
- The more she uses AT, the more her child learns to understand and use AT, too.

Some Characteristics of Academic Talk Include Helping Children: (van Kleeck, 2014)

- Move from talking about specific things to general info about categories of things (e.g., bird in book says he has to fly south to birds fly south in the winter)
- 2. Use increasingly specific & precise concepts/vocabulary (e.g., fly south to *migrate*)
- 3. Produce logical, sequenced narratives (more than one sentence produced on same topic)
- Answer higher-level "thinking/inferencing" questions (e.g., predict, speculate, summarize, explain, define, compare/contrast, give examples, evaluate); and use talk about thinking (words like think, wonder, guess, know)
- Become consciously aware of language & thinking (e.g., the sounds in spoken words that connect to letters of the alphabet; talking about how to remember things)
- 6. Express degree of certainty (e.g, maybe, probably, usually) about ideas
- 7. Increase amount of talk about things not physically present

1. Information About Categories of Things

- Define: General information about categories of things (e.g., how members of category function/behave; what their properties and features are) OR about specific things (as in history lessons) part of general cultural knowledge (e.g., who Justin Trudeau is)
- Teach: Move discussion about something specific (a bear that is a character in a book) to something more general (Lots of bears sleep all winter); Adult models/ engages child in use of category words and discusses features of categories (e.g., <u>Bears</u> like honey; <u>Bears</u> are <u>mammals</u>);

2. Precise Concepts & Vocabulary

- Define: The concepts discussed in school become increasingly precise, requiring precise scientific vocabulary
- Teach: When the word "flock" comes up in a book the adult is reading to the child regarding a flock of birds, stop and discuss what it means. Talk about when the word flock (lots of birds or sheep) and when it isn't (lots of horses or dogs); Explain what the word "hibernation" means when a story talks about the main character, a bear, falling asleep for a long time

Precise Concepts & Vocabulary

- \circ $\;$ Preschoolers can learn much higher level words than you think
- Examples from an preschool language and literacy program I have created and am using in preschool classrooms
 - Dedication and character (in a book), illustrator, drift, hollow, clumsy, mumble, gaze, hibernation, withered

3. Logical & Sequenced Narratives

 Define: Talk in school requires reasoning that is analytic, reflective, logical, linear or step-wise, and requires considering alternative perspectives; requires use of topic-centered, sequentially organized narratives and discussions

$\circ~$ Teach:

- After a story book has been shared a few times, the adult might ask the child to retell the story and scaffold his or her attempt to do so
- Take pictures as an activity unfolds and put them into a picture book child can use to retell someone who wasn't there the steps in the activity (e.g., planting a seed)

4. Engage in Higher-Level Reasoning/ Inferencing

 Define: Use of inferential reasoning in order to explain, problem solve, categorize, talk about cause and effect, predict, summarize, compare, contrast, describe, define, justify, give examples, etc.

4. Engage in Higher-Level Reasoning/Inferencing

$\circ\,$ Teach:

- Ask challenging questions; e.g., "This book is called Mooncake. What do you think Mooncake might be?"
- Provide "think alouds" when children are not able to respond to show them how to think through a likely answer (see van Kleeck, 2014a, 2014b; van Kleeck et al., 2006)
- Use verbs of cognition: Think, know, wonder, guess, decide, remember, understand, imagine, predict, etc.

5. Become Consciously Aware of Language and Thinking

- Define: Conscious reflection upon cognitive processes (e.g., memory, comprehension, learning, and thinking) or of language and its various components (e.g., phonology, morphology, and syntax), as well as the subsequent abilities to manipulate those components.
- Teach: Focus on print and sounds within words; discuss/model memory strategies

6. Express Degree of Certainty

- Define: In academic talk, need to be explicit about the credibility of one's claims (not required in casual talk)
- Categories include talking about:
- Possibility: might, seems, presumably
- o Probability: likely, definitely, certainly, will, might
- Typicality: always, sometimes, never, frequently, usually
 Certainty: doubt, for sure, guess, obviously, pretty certain,
- undoubtedly, in fact
- $\circ~$ Teach: Model uses of above words

7. Talk About Things Not Physically Present

- Define: Talk often removed from shared background knowledge with socially intimate others and from immediate physical context
- Teach along continuum of support: Activities that have increasingly less contextual support: Ongoing activity > Past activity > Book sharing > Future activity > Imaginary activity > Independent test taking (in school)

Intervention Integrating EFs and AT During a Book Sharing Interaction (Just One Possible Context)

Executive Functions 1. Control emotions

1. Information about categories of things

Academic Talk

- 2. Learn about thoughts & emotions 2. Precise concepts/vocabulary
- 3. Shift focus
- 4. Control impulses
- 5. Hold information in mind
- Logical, sequenced narratives
 Higher-level reasoning/ inferencing
 Conscious awareness of language and
- thinking
- 6. Express degree of certainty
- 7. Talk about non-present things

EXAMPLE: Moonbear's Shadow by Frank Asch

SUMMARY: This is a story of a bear who goes fishing and his shadow scares the fish away. The entire story focuses on the Bear's various attempts to make his shadow go away so he can resume fishing. At first he just tells it to go away, but it doesn't. Then he tries to run away from it, and that doesn't work either. His subsequent failed attempts included hiding behind a tree, climbing high up on a cliff, nailing his shadow to the ground, burying his shadow in a hole, and slamming the door to lock his shadow inside. Finally he makes a deal with his shadow that "if you let me catch a fish, I'll let you catch one." Because the sun is now high in the sky he no longer has a shadow, Bear is able to catch a fish. His shadow catches one, too.

- Control emotions: Adult comments and asks, "It says Bear's shadow scared the fish away. When you get scared, what do you do?
- Learn about thoughts & emotions: The adult could say, " Bear tried so many different things to make his shadow go away, but his shadow wouldn't go away. How do you think Bear feels after trying all those things?"
- 3. Shift focus: Can be fostered during book sharing by moving from meaning to a focus on print & then going back to a focus on meaning again. As an example here, the adult could turn to the first page of the story, and ask the child, "Where should I start reading?" This causes the child to switch from the meaning of the story to print conventions.

- Control impulses: Adult could gently redirect child's attention back to the story if she or he becomes distracted.
- 5. Holding more and more information in mind: Once the bear has tried two or three things to get rid of his shadow, the adult could ask the child to recount the different things bear has tried so far to get rid of his shadow.

1. General information about categories of things: Adult could relate information about something specific in the book to information about a category. So, the adult could say, "Fish don't know that shadows aren't real things – they just sense that something is near them – so they swim away so they are safe."

- 2. Precise concepts/Vocabulary: The adult might use an episode in the book where the bear tries to climb a cliff to get rid of his shadow. Here the adult could launch a discussion of how a cliff and hill are the same and different to highlight when the word cliff is used.
- **3.** Logically sequenced reasoning in producing narratives, the adult could ask the child to retell the story to a stuffed animal that did not hear it because it was asleep.
- 4. Higher-level thinking/inferencing: The adult can ask questions such as, "What do you think this book is going to be about? Why do you think running away didn't help Bear get rid of his shadow?
- 5. Conscious awareness of language & thinking: The adult might say, "This book is called Bear Shadow. Do you see a letter like the first letter in Bert's name here?" OR "We can look at the pictures to help us remember what happened in the story."

- 6. Express degree of certainty: The adult might model this by saying, "I think maybe this book is going to be about the bear on the cover and his shadow because the title is called Bear Shadow"
- 7. Talking about things not physically present: The book content is already decontextualized from immediate context, so this is a given during book sharing. It can be made increasingly so by discussing things that happened in the book at some later time.





The TAB⁴I Program [™]

- Talking About Books Builds Big Brains Program
- Conducting in about 35 preschool classrooms serving lowincome children
- Uses pre-planned and scripted questions & discussions embedded in each of several repeated read alouds of six different published children's stories by Frank Asch

The TAB⁴I Program [™] Books by Frank Asch

Mooncake Moonbear's Shadow Moondance Moongame Moonbear's Pet Moonbear's Bargain

How the TAB⁴I Project [™] Works

Preplanned & embedded throughout books are scripts are designed

- To foster specific features of
 - Goal-directed behavior
- Academic talk
- To do this via
 - Engaging children in extended discussions
 - · Modeling how to think in response to higher-level questions